



THE ALEX

## Plant-Based Menu

Please advise us if you have any food allergies so we can provide you with the relevant information.

Please inform your server that you are ordering from the Plant-Based Menu.

Please note, we cannot include anything that goes in our fryer on this menu.

### bar snacks

Mixed olives £2.95   Salted fried broad beans £2.75   Harissa spiced nuts £3.75

### 9am - 9pm

**Plant-based breakfast** - bubble & squeak cakes, roast tomatoes, mushrooms, baked beans, brown sauce, white or granary toast £9.95 - till noon

**Toasted English muffin** Avocado £5.95   Roast tomato & field mushroom £5.95

#### Sautéed mushrooms on griddled sour dough

Garlic & fresh herbs, watercress £5.95

#### Open sandwich on toasted granary bloomer -

smashed avocado, roast tomatoes, watercress £7.95

**Plant-based Salad** - avocado, nashi pear, crunchy summer vegetables, dressed coleslaw, apricot & walnut grains, toasted seeds £12.95

**Bubble & squeak cakes**, roast tomato sauce, mushrooms £7.45

**Moving mountain burger** - beef tomato, gherkin, & tomato relish in a sourdough bun £9.95

**Plant-based Board** - avocado, tomato & spring onion salad, mixed olives, celery, cashew cheese dip, pickles, fried broad beans & crusty baguette £10.95

**Bubble & squeak cakes** £3.95   **Garlic mushrooms** £3.45   **House salad** £4



a group of individual venues in Felixstowe

The Alex  
Café Bar & Brasserie  
Seafront, IP11 2AF

Café Bencotto  
Pizza, Pasta, Mediterranean  
Town Centre, IP11 7AB

View Point Cafe  
Fish and Ships  
Landguard, IP11 3TW